

MASSAGES

CLASSIC MASSAGE <i>with regenerating face mask</i>	50 min.	130.- 155.-
SPORTSMASSAGE WITH SPORTS CREAM OR WITH OIL	50 min.	140.-
AROMA THERAPY MASSAGE WITH WARM OIL OR WITH ORGANIC AROMA ESSENCES <i>with special essences from Pharmas Natur: Joy, citrus or rosé</i>	50 min.	135.- 140.-
MASSAGE SWISS ALPINE HOTEL ALLALIN <i>a massage individually adjusted to you in combination of different massage techniques</i>	50 min. 70 min.	155.- 195.-
HERBAL STAMP MASSAGE	50 min.	155.-
FOOT REFLEX ZONE MASSAGE	50 min.	130.-
HOT STONES <i>with aroma therapy</i>	50 min.	150.- 155.-
BACK THERAPY WITH ORGANIC HERB OIL OR WITH HEALING CREAM	40 min.	125.-
COMBINATION OF THE BACK WITH HOT STONES	50 min.	155.-

"LOMI LOMI NUI" THE QUEEN OF MESSAGES 80 min. 225.-
hawaiian temple massage for body, mind and soul

PREGNANCY MASSAGE on request on request
individual between the 12th & 35th week only by appointment 24h before

MEDICAL STRETCHING on request on request
a gentle stretching therapie to regulate the nervous system, strecht the fascia, improve flexibility and prevent from injury. Works on the massage table in comfortable clothes. only by appointment 24h before

BEAUTY TREATMENT

FACIAL TREATMENT 60 min. 195.-
only by appointment 24h before

Beauty facial treatment with healing and rejuvenating plants by Pharmas Natur Green Luxury - a valuable natural care product with rich organic active ingredients and pure aloe vera without alcohol and classic preservatives.

This beauty package contains: small back / neck massage, gentle facial cleansing, peeling, relaxing facial massage followed by a moisturising mask. Let yourself be treated to a small foot reflexology or hand massage during the soak time. Facial care tailored to your skin type completes the treatment.

