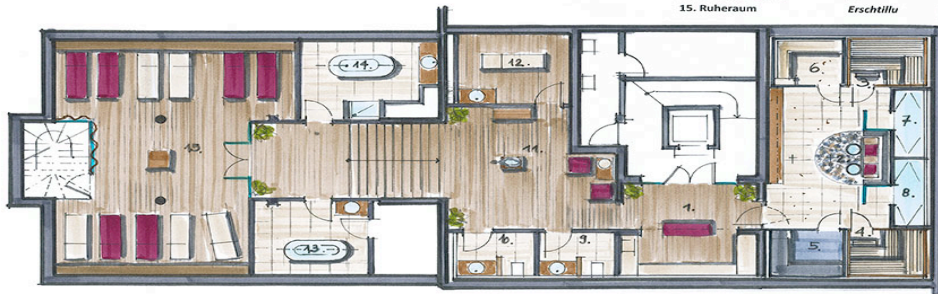


- |                     |            |
|---------------------|------------|
| 1. Empfang Wellness | Acho       |
| 2. Füsswärmebecken  | Abschaltu  |
| 3. Sanarium         | Üfwerme    |
| 4. Finnische Sauna  | Schwitzu   |
| 5. Sole Dampfbad    | Gsundu     |
| 6. Aroma Dampfbad   | Gniessu    |
| 7. Dusche Damen     | Wibuvolch  |
| 8. Dusche Herren    | Mannuvolch |
| 9. WC Damen         | Wibuvolch  |
| 10. WC Herren       | Mannuvolch |
| 11. Wartebereich    | Beitu      |
| 12. Massage         | Lockeru    |
| 13. Erlebnis Wanne  | Verwile    |
| 14. Erlebnis Wanne  | Sii        |
| 15. Ruheraum        | Erschtillu |



ALPINWELLNESS  
SAUNA & SPA BY KLASS

With us you may enjoy in the

### ALPINE SPA • WELLNESS & SILENCE

<b>ACHO</b>	[arriving]	in spacious rooms full of atmosphere
<b>ABSCHALTU</b>	[switching off]	for BEING WELL and YOURSELF
<b>ÜFWERME</b>	[warming up]	in the Bio Sauna/Sanarium
<b>SCHWITZU</b>	[sweating]	in the Finnish Sauna
<b>GSUNDU</b>	[recovering]	in the Saline Steam Bath
<b>GNISSU</b>	[enjoying]	in the Aroma Steam Bath
<b>LIWU</b>	[pausing]	in the waiting corner
<b>ÜFLOCKERU</b>	[unwinding]	with a Massage
<b>VERWILE</b>	[lingering]	in one of the private Jacuzzis or Bathrooms
<b>ERSCHTILLU</b>	[relaxing]	in the Relaxing room

Lady's Spa	04.00 – 05.00 p.m.
Mixed	05.00 – 06.00 p.m.
Men's Spa	06.00 – 07.00 p.m.

### Wellness Knigge

Out of consideration for fellow users of various nationalities we request that you wear the sauna towel in the anteroom of the sauna and steam-bath cubicles and use it to sit on the cubicles.

For hygiene reasons you are asked not to use your own health & fitness products.

To complete your health & fitness experience we provide the following classic massages

Classic partial body massage	25 min	CHF 55.--
Classic full-body massage	50 min	CHF 100.--
Foot reflexology massage	25 min	CHF 55.--

Appointments can be made at reception up to 48h beforehand.

Bookings at short notice by arrangement.

24h notice of cancellation must be given.  
Cancellations at short notice are charged 100 %.

As a special service we offer the following beneficial experience in our private, exclusive bathrooms

### Be WELL and YOURSELF

#### BATHTUB

Mountain herbs	CHF 30.--	30 min
Spruce	CHF 30.--	30 min
Hay	CHF 30.--	30 min
Pine	CHF 30.--	30 min

#### JACUZZI

Eukalyptus	CHF 40.--	30 min
Honey	CHF 40.--	30 min
Lavender	CHF 40.--	30 min
Peppermint	CHF 40.--	30 min

As a special offer, our guests who booked 3 nights accommodations can enjoy one of these wellbeing baths of their choice free of charge.

Appointments can be made at reception up to 24h beforehand and are possible

between 04.00 - 07.00 p.m. every day.

As an oasis of relaxation, for guests to be exclusively on their own we recommend our **RELAXING ROOM**, a place of tranquillity.

Open hours 04.00 – 08.00 p.m.